

Doshin

# 道心

TEL 03-3316-4472

1-15-18, Asagaya-Kita, Suginami-ku

Open 12:00pm-2:30pm/6:00pm-9:00pm

Closed Mondays Night

## 蕎麦 Soba Noodles (buckwheat Noodles)

- 1. 職人手打ちせいろ 又は (温 or 冷) ぶっかけ+日替り丼ハーフ  
(Hand-kneaded Seiro (served on a basket) or Soba in broth  
(hot or cold) + half size of Today's bowl) ..... ¥ 850
- 2. 大もりせいろ (又は温 or 冷) ぶっかけ  
(Large Seiro (or Soba in broth /Hot or Cold)) ..... ¥ 850
- 3. 月見そば (Soba with raw egg in broth) ..... ¥ 800 
- 4. 玉子とじそば (Egg Dropped Style of Soba) ..... ¥ 800 
- 5. ためきそば  
(Soba Topped With Crunchy Bits of Deep Fried Tempura Batter) ¥ 850
- 6. 肉そば (温 or 冷)  
(Soba Topped With Meat (Hot or Cold)) ..... ¥ 1100 
- 7. カレーそば (温 or 冷)  
(Soba in Curry Flavored Broth (Hot or Cold)) ..... ¥ 1200 
- 8. 田舎せいろ  
(Whole buckwheat noodle served on a flat basket (Seiro)) ¥ 850
- 9. 香織せいろ (Kaori-seiro) ..... ¥ 1000
- 10. 香織せいろ (大)  
(Kaori-seiro (served on a flat basket) (L)) ..... ¥ 1400

- 11. かけそば (Soba in broth) ..... ¥ 750
- 12. すだちせいろ (Citrus Sudachi Seiro (served on a flat basket)) ¥ 1000
- 13. おろしぶっかけ  
(Soba with minced Daikon-radish in cold broth) ..... ¥ 1200
- 14. ごま汁せいろ  
(Seiro (served on a flat basket) with sesame dipping sauce) ¥ 1200
- 15. 二色盛 (田舎せいろ+香織 or すだちせいろ) (Nishoku-mori  
(Whole buckwheat seiro + Kaori or Citrus Sudachi)) ..... ¥ 1500
- 16. やまかけ (温 or 冷)  
(Soba Noodle With Grating Japanese Yam (Hot or Cold)) ¥ 1400 
- 17. 鴨南蛮 (温 or 冷)  
(Soba With Duck Meat and Leek (Hot or Cold)) ..... ¥ 1400 
- 18. 半ライスサービス (Half size rice) ..... ¥ 0
- 19. 生タマゴ (Raw egg) ..... ¥ 50 

## 料理 Side Dishes

- 20. だし巻玉子 (Japanese style omelette) ..... ¥ 600 
- 21. 肉豆腐 (Simmered meat and tofu) ..... ¥ 550 
- 22. 豚ネギ焼 (Grilled Pork and Leek) ..... ¥ 550 
- 23. そばチヂミ焼 (Soba savory pancake) ..... ¥ 550
- 24. ニシンの甘露煮  
(Stewed Herring in Sweetend Soy Sauce) ..... ¥ 650 
- 25. 味噌焼き (Grilled Miso) ..... ¥ 450
- 26. 板わさ (Kamaboko Steamed Fish Cake Served With Wasabi  
Hoenseradish) ..... ¥ 450
- 27. 浅漬け (Japanese pickles) ..... ¥ 550
- 28. そば刺し (限定品) (Soba Sashimi (Limited item)) ..... ¥ 450
- 29. そば粉とチーズのマッシュポテト  
(Mashed potato with Buckwheat flour and cheese) ..... ¥ 550  
- 30. そばがき (一人前) (Soba dumplings (1 portion)) ..... ¥ 1100
- 31. そばがき (ハーフ) (Half) ..... ¥ 550
- 32. おつまみせいろ (Appetizer set) ..... ¥ 550
- 33. 野菜天婦羅盛り合わせ (Vegetables tempura sampler) ¥ 600 
- 34. 野菜天婦羅盛り合わせ (二人前) (for 2 persons) ..... ¥ 1000 
- 35. 海老天 (野菜天付)  
(Shrimps tempura ( with vegetable tempura)) ..... ¥ 450 

## デザート Dessert

- 36. 自家製そば団子 (大3個)  
(Homemade soba dumplings (big 3 pcs)) ..... ¥ 750










## 夜メニュー Dinner Menu

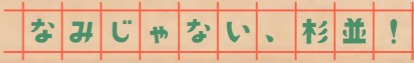
- 37. だし巻玉子 (Japanese style omelette) ..... ¥ 300 
- 38. 十六穀そばささし (16 Grains Soba Sashimi) ..... ¥ 300
- 39. 厚揚げ味噌煮 (Deep fried tofu cooked with miso) ..... ¥ 300
- 40. そば粉チーズシチュー (Buckwheat flour and Cheese stew) ¥ 300 
- 41. 豚ネギ焼 (Grilled Pork and Leek) ..... ¥ 300  
- 42. 浅漬け (Japanese pickles) ..... ¥ 300 
- 43. 味噌焼き (Grilled Miso) ..... ¥ 300
- 44. チーズそばがき (Cheese buckwheat dumplings) ..... ¥ 300 
- 45. トマトきゅうり (Tomato and Cucumber) ..... ¥ 300 
- 46. 肉豆腐 (Simmered meat and tofu) ..... ¥ 300 
- 47. 森のキノコバター炒め (Butter sauteed mushrooms) ¥ 300 
- 48. こよいの天婦羅 (Today's Tempura) ..... ¥ 300
- 49. そば粉とチーズのマッシュポテト  
(Mashed potato with Buckwheat flour and cheese) ..... ¥ 300  
- 50. そばチヂミ焼き (Soba savory pancake) ..... ¥ 300
- 51. なめたけおろし  
(Nameko mushrooms and Minced Daikon-radish) ..... ¥ 300
- 52. そばがき (Buckwheat dumplings) ..... ¥ 300
- 53. そばしるこ (Red bean soup with soba dumplings) ..... ¥ 300


### <Notice>

Some of restaurants accept CASH ONLY  
The price including or excluding TAX is depending on the restaurant  
Some of restaurants require COVER CHARGE  
Some of restaurants require to order at least ONE DRINK

### <Ingredients/Taste>

- |   |  |   |  |   |
|---|--|---|--|---|
|  Chicken |  Pork |  Seafood |  Vegetables     |  Flour |
|  Beef    |  Fish |  Egg     |  Dairy Products |  Spicy |

協力:  中央線あるある PROJECT

 EXPERIENCE  
SUGINAMI TOKYO

## ビール Beers

### 54. 瓶ビール大 (サッポロラガー)

(Bottled Beer L (Sapporo Lager)) ..... ¥ 650

### 55. 瓶ビール中 (スーパードライ)

(Bottled Beer M (Super Dry)) ..... ¥ 600

### 56. 瓶ビール小 (サッポロ黒ラベル)

(Bottled Beer S (Sapporo Black label)) ..... ¥ 550

## その他 Others

57. ホッピーセット (白・黒) (Hoppy set (White/ Black)) ¥ 450

58. 外 (additional Hoppy) ..... ¥ 250

59. 中 (additional Shochu) ..... ¥ 200

### 60. そば湯割り 白・黒 (温・冷)

(Buckwheat Shochu with Sobayu ( Soba cooking liquid-Soba water) White・Black (Hot or Cold)) ..... ¥ 550

### 61. そば焼酎麦茶割り (温・冷)

(Buckwheat Sochu mixed with Mugicha (Buckwheat tea (Hot or Cold)) ..... ¥ 550

### 62. そば焼酎ロック

(Soba (Buckwheat) shochu on the rocks) ..... ¥ 550

63. 熱燗一合 (Hot Sake 1go (180ml)) ..... ¥ 550

64. オススメ日本酒 (グラス) (Special Sake (Glass)) ..... ¥ 550

65. オススメ日本酒 (升一合) (1 go (180ml)) ..... ¥ 850

66. ハイルチンハイ (High-Rutin high) ..... ¥ 550

67. ノンアルコールビール (Non Alcoholic Beer) ..... ¥ 450

## ソフトドリンク Soft Drinks

68. 抹茶 (温・冷) (Maccha green tea (Hot/ Iced)) ..... ¥ 350

69. その他各種 (Others)