

Shanghai Chubo
上海厨房

TEL 03-3338-5188





3-1-1, Asagaya-Kita, Suginami-ku

Open 11:30am-2:30pm/6:00pm-11:00pm

Irregular Closed

Credit Cards Accepted

Appetizers






1. チャーシュー Chashu (Char Siu (Chinese BBQ Pork)) ¥ 300 
2. ピータン Pitan (Century Egg) ¥ 350 
3. エビせんべい Ebi Sembei (Shrimp Crackers) ¥ 300 
4. 枝豆 Edamame (Boiled Green Soybeans) ¥ 300
5. メンマ Memma (Bamboo Shoots) ¥ 300 
6. 干し豆腐の和え Hoshidofu No Ae (Marinated Dried Tofu) ¥ 500
7. 豚ミミの和え物 Butamimi No Aemono (Marinated Pork Ear) ¥ 400 
8. 腸詰 Chozume (Sliced Chinese Sausage) ¥ 500 
9. ピータン豆腐 Pitan Dofu (Tofu Topped with Century Egg) ¥ 500 
10. クラゲ Kurage (Jellyfish) ¥ 550 
11. キムチとザーサイの盛り合わせ Kimchi To Zasai No Moriawase (Assorted Kimchi and Szechuan Pickles) ¥ 400  
12. 海鮮サラダ Kaisen Salad (Seafood Salad) ¥ 600  
13. 牛ハチノスの香辛子和え Gyu Hachinosu No Kaori Karashi Ae (Beef Honeycomb Tripe Dressed with Spicy Chili) ¥ 600  
14. 四川風豆腐炒め Shisenfu Tofu Itame (Stir-Fried Szechuan Tofu) ¥ 810 
15. 蒸鶏のねぎソースかけ Mushidori No Negi Sauce Kake (Steamed Chicken Topped with Green Onion Sauce) ¥ 500  
16. 空芯菜の炒め Kushinsai No Itame (Stir-Fried Chinese Water Spinach) ¥ 810 
17. 茄子の四川風炒め Nasu No Shisenfu Itame (Stir-Fried Eggplant, Szechuan Style) ¥ 810  
18. 茄子の味噌炒め Nasu No Misoitame (Stir-Fried Eggplant with Miso) ¥ 810 










19. 豆苗のさっぱり炒め Tomyo No Sappari Itame (Lightly Stir-Fried Pea Sprouts) ¥ 810 
20. 青菜炒め Aona Itame (Stir-Fried Leafy Green) ¥ 650 
21. 五目野菜炒め Gomokuyasai Itame (Stir-Fried Five Vegetables) ¥ 710 
22. 麻婆豆腐 Mapo Dofu (Mapo Tofu) ¥ 610
23. ほうれん草炒め Horenso Itame (Stir-Fried Spinach) ¥ 750 
24. きくらげ、豚肉と玉子炒め Kikurage, Butaniku To Tamago Itame (Stir-Fried Cloud Ear Fungus, Pork, and Egg) ¥ 710   
25. ゴーヤと玉子炒め Goya To Tamago Itame (Stir-Fried Bitter Gourd and Egg) ¥ 710  
26. 麻婆春雨 Mapo Harusame (Mapo Vermicelli) ¥ 650

Meats

27. 鶏肉とカシューナッツ炒め Toriniku To Cashew Nuts Itame (Stir-Fried Chicken and Cashew Nuts) ¥ 810 
28. 鶏肉のピリ辛炒め Toriniku No Pirikara Itame (Spicy Stir-Fried Chicken) ¥ 750  
29. 豚足 Tonsoku (Pork Trotter) ¥ 550 
30. ニラとレバー炒め Nira To Liver Itame (Stir-Fried Chinese Chives and Pork Liver) ¥ 710  
31. 酢豚 Subuta (Sweet and Sour Pork) ¥ 810 
32. ピーマンと肉細切り炒め Piman To Niku Hosogiri Itame (Stir-Fried Bell Pepper and Shredded Meat) ¥ 750  
33. 回鍋肉 Hoikoro (Twice Cooked Pork) ¥ 710 
34. 若鶏の唐揚げ Wakadori No Karaage (Deep-Fried Chicken) ¥ 750 
35. 肉細切りの四川風炒め Niku Hosogiri No Shisenfu Itame (Stir-Fried Shredded Meat, Szechuan-Style) ¥ 810  
36. ピーマンと牛肉細切り炒め Piman To Gyuniku Hosogiri Itame (Stir-Fried Bell Pepper and Shredded Beef) ¥ 910  
37. 鶏肉の黒酢炒め Toriniku No Kurozu Itame (Stir-Fried Chicken with Black Vinegar) ¥ 850 
38. 角煮 Kakuni (Braised Pork Belly) ¥ 910 
39. 牛肉の鉄板焼き Gyuniku No Teppan Yaki (Beef Teppanyaki (Sauteed Beef on Hot Plate)) ¥ 910 

Seafoods




40. 海鮮おこげ Kaisen Okoge (Crispy Rice Topped with Seafood Starchy Sauce) ¥ 910 
41. 海老のチリソース煮 Ebi No Chili Sauce Ni (Shrimp with Chili Sauce) ¥ 810 
42. 白身魚の甘酢あんかけ Shiromi Sakana No Amazu Ankake (White Fish Topped with Sweet and Sour Sauce) ¥ 910 
43. アサリと玉葱炒め Asari To Tamanegi Itame (Stir-Fried Clams and Onion) ¥ 750  

44. ホタテのオイスターソース炒め Hotate No Oyster Sauce Itame (Stir-Fried Scallops with Oyster Sauce) ¥ 910 
45. イカと野菜炒め Ika To Yasai Itame (Stir-Fried Squid and Vegetables) ¥ 810  
46. アスパラとエビ炒め Aspara To Ebi Itame (Stir-Fried Asparagus and Shrimp) ¥ 810  
47. 蝦と玉子炒め Ebi To Tamago Itame (Stir-Fried Shrimp and Egg) ¥ 810  
48. イカの黒胡椒炒め Ika No Kurokosho Itame (Stir-Fried Squid with Black Pepper) ¥ 810  

Noodles

50. 上海焼きそば Shanghai Yakisoba (Shanghai Fried Noodles) ¥ 780  
51. ジャージャー麺 Jaja Men (Jajangmyeon (Noodles Topped with Black Bean Sauce)) ¥ 780  
52. 五目麺 Gomoku Men (Gomokumen (Five Ingredients Ramen)) ¥ 780  
53. タン麺 Tan Men (Vegetable Ramen) ¥ 750  
54. タンタン麺 Tantan Men (Dandan Noodles (Spicy Miso Soup Ramen)) ¥ 850  
55. 海鮮焼きそば Kaisen Yakisoba (Seafood Fried Noodles) ¥ 880  
56. ラーメン (Ramen) ¥ 580 
57. 五目焼きそば Gomoku Yakisoba (Five Ingredients Fried Noodles) ¥ 780   
58. もやし麺 Moyashi Men (Bean Sprouts Noodles) ¥ 750  
59. ニラと豚肉の焼きそば Nira To Butaniku No Yakisoba (Green Onion and Pork Fried Noodles) ¥ 750   
60. 焼きビーフン Yaki Bifun (Fried Rice Noodle) ¥ 710 









Rices

61. チャーハン Chahan (Fried Rice) ¥ 610
62. キムチチャーハン Kimchi Chahan (Kimchi Fried Rice) ¥ 710  
63. 角煮チャーハン Kakuni Chahan (Braised Pork Belly Over Fried Rice) ¥ 810 

<Notice>



Some of restaurants accept CASH ONLY
The price including or excluding TAX is depending on the restaurant
Some of restaurants require COVER CHARGE
Some of restaurants require to order at least ONE DRINK

<Ingredients/Taste>






- | | | | | |
|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
|  Chicken |  Pork |  Seafood |  Vegetables |  Flour |
|  Beef |  Fish |  Egg |  Dairy Products |  Spicy |

協力: なみじゃない、杉並!
中央線あるある PROJECT







 EXPERIENCE
SUGINAMI TOKYO

- 64. **天津丼** Tenshin Don
(Tianjin Rice Bowl (Crab Omelet on Rice)) ¥ 710 
- 65. **エビチャーハン** Ebi Chahan (Shrimp Fried Rice) ¥ 780 


Rice Porridges, Soups

- 66. **トマトと玉子スープ** Tomato To Tamago Soup
(Tomato and Egg Soup) ¥ 600  
- 67. **五目野菜お粥** Gomoku Yasai Okayu
(Five Vegetables Porridge) ¥ 500 
- 68. **ピータンお粥** Pitan Okayu (Century Egg Porridge) ¥ 500 
- 69. **野菜スープ** Yasai Soup (Vegetable Soup) ¥ 420 
- 70. **コーンスープ** (Corn Soup) ¥ 500

Dim Sums

- 71. **水餃子** Suigyzoa (Boiled Gyoza Dumplings) ¥ 350   
- 72. **小籠包** Shoronpo (Soup Dumplings) ¥ 400   
- 73. **胡麻団子** Goma Dango (Sesame Dumplings) ¥ 400
- 74. **春巻** Harumaki (Spring Rolls) ¥ 350
- 75. **餃子** Gyoza (Pan-Fried Gyoza Dumplings) ¥ 350

Desserts

- 77. **杏仁豆腐** Annin Dofu (Almond Jelly) ¥ 380
- 78. **アイスクリーム** Ice Cream (Ice Cream) ¥ 300 

Course Menu

(Minimum order 2 persons, limited to 2 hours)

- 79. **1800 円コース** ¥1800 Course ¥ 1800
 - 1. **前菜 3 種盛り合わせ** (1. Assorted 3 Kinds Appetizer) 
 - 2. **海老チリソース** (2. Shrimps in Chili Garlic Sauce) 
 - 3. **鶏肉とカシューナッツ炒め** (3. Chicken and Cashew Nuts Stir-Fry) 
 - 4. **豆苗炒め** (4. Pea Shoots Stir-Fry) 
 - 5. **四川麻婆豆腐** (5. Sichuan Mapo Tofu) 
 - 6. **鶏の唐揚げ** (6. Deep-Fried Chicken) 
 - 7. **コーンスープ** (7. Corn Soup) 
 - 8. **焼きそばかチャーハン** (8. Fried Noodles or Fried Rice) 
 - 9. **デザート** (9. Dessert) 
- 80. **2500 円コース** ¥2500 Course ¥ 2500
 - 1. **四種前菜盛り合わせ** (1. Assorted 4 Kinds Appetizer) 
 - 2. **海老のチリソース** (2. Shrimps in Chili Garlic Sauce) 
 - 3. **鶏肉とカシューナッツ炒め** (3. Chicken and Cashew Nuts Stir-Fry) 
 - 4. **八宝菜** (4. Chop Suey) 
 - 5. **豆苗炒め** (5. Pea Shoots Stir-Fry) 
 - 6. **五目おこげ** (6. Five Ingredients Crispy Rice) 
 - 7. **四川麻婆豆腐** (7. Sichuan Mapo Tofu) 

- 8. **焼きそばかチャーハン** (8. Fried Noodles or Fried Rice) 
- 9. **サンラースープ** (9. Sour and Spicy Soup)
- 10. **デザート** (10. Dessert)
- 81. **3000 円コース** ¥3000 Course ¥ 3000
 - 1. **五種前菜盛り合わせ** (1. Assorted 5 Kinds Appetizer) 
 - 2. **芝海老のチリソース** (2. Shrimps in Chili Garlic Sauce) 
 - 3. **牛肉のオイスターソース炒め** (3. Stir-Fried Beef with Oyster Sauce) 
 - 4. **鶏肉とカシューナッツ炒め** (4. Stir-Fried Chicken with Cashew Nuts) 
 - 5. **海鮮おこげ** (5. Seafood Crispy Rice) 
 - 6. **四川麻婆豆腐** (6. Sichuan Mapo Tofu) 
 - 7. **豆苗炒め** (7. Pea Shoots Stir-Fry) 
 - 8. **焼きそばかチャーハン** (8. Fried Noodles or Fried Rice) 
 - 9. **フカヒレスープ** (9. Shark Fin Soup) 
 - 10. **デザート** (10. Dessert)

Drinks

飲み放題 +1380 円(120 分) Nomihodai
(All-You-Can-Drink +1380 Yen (120 Minutes))

Beer

- 82. **生ビール(中ジョッキ)** Nama Beer (Chu Jokki)
(Draft Beer (Medium Jug)) ¥ 420
- 83. **生ビール(小ジョッキ)** Nama Beer (Sho Jokki)
(Draft Beer(Small Jug)) ¥ 380
- 84. **瓶ビール(中瓶)** Bin Beer
(Bottled Beer (Medium Bottle)) ¥ 500
- 85. **青島ビール(瓶)** Tsing Tao Beer (Tsingtao Beer (Bottle)) ¥ 500
- 86. **ノンアルコールビール** (Non-Alcoholic Beer) ¥ 420

Sake / Whisky

- 87. **日本酒(1 合)** Nihonshu (Sake (180ml)) ¥ 420
- 88. **ウイスキー(グラス)** Whisky (Whisky (Glass)) ¥ 480

Sours / High Balls ¥380

- 89. **梅サワー** Ume Sour (Plum Sour)
- 90. **レモンサワー** (Lemon Sour)
- 91. **柚子サワー** (Yuzu Sour)
- 92. **グレープフルーツサワー** (Grapefruit Sour)
- 93. **巨峰サワー** Kyoho Sour (Grape Sour)
- 94. **ブルーベリーサワー** (Blueberry Sour)
- 95. **桃サワー** Momo Sour (Peach Sour)
- 96. **ライチサワー** (Lychee Sour)
- 97. **ウーロンハイ** (Oolong High)
- 98. **ハイボール** (Highball)

Shochu ¥480

ロック／水割／お湯割から選べます Rock / Mizuwari / Oyuwari
(Choose from on the Rocks / with Water / with Hot Water)

- 99. **和ら麦** Waramugi (Waramugi)
- 100. **からり芋** Karari Imo (Karari Imo)

Fruit Liquors ¥480

ソーダ／ロック／水割りから選べます Soda / Rock / Mizuwari
(Choose From with Soda / on the Rocks / with Water)

- 101. **梅酒** Umeshu (Plum Wine)
- 102. **杏露酒** Shinruchu (Apricot Wine)
- 103. **乾杯ソーダ梅酒** Kanpai Soda Umeshu
(Soda Plum Wine for Drink a Toast)
ビールジョッキで梅酒と炭酸を割りました!
(Plum wine with soda in beer mug!)

Chinese Liquor

- 104. **かめ入り紹興酒(1 合)** Kameiri Shokoshu Ichigo
(Potted Shaoxing Rice Wine (180ml)) ¥ 650
- 105. **かめ入り紹興酒(ボトル、600cc)** Kameiri Shokoshu Bottle+
(Potted Shaoxing Rice Wine (Bottle, 600cc)) ¥ 1900

Wine

- 106. **グラスワイン** (Glass Wine) ¥ 480
- 107. **ボトルワイン** (Bottle Wine) ¥ 2600

Wine Cocktails ¥520

- 108. **ワインオンザロック** (Wine on the Rocks)
- 109. **スプリッツァー** (Spritzer)
- 110. **キール** (Kir)
- 111. **カリモチョ** (Kalimotxo)
- 112. **ティントデベラーノ** (Tinto De Verano)
- 113. **カーディナル** (Cardinal)

Cassis Cocktails ¥500

- 114. **カシスソーダ** (Cassis Soda)
- 115. **カシスオレンジ** (Cassis Orange)
- 116. **カシスウーロン** (Cassis Oolong)
- 117. **カシスグレープフルーツ** (Cassis Grapefruit)

Soft Drinks ¥280

- 118. **コーラ** Cola (Coke)
- 119. **ウーロン茶** Oolong Cha (Oolong Tea)
- 120. **リンゴジュース** (Apple Juice)
- 121. **オレンジジュース** (Orange Juice)
- 122. **グアバジュース** (Guava Juice)
- 123. **マンゴージュース** (Mango Juice)
- 124. **ジンジャーエール** (Ginger Ale)