

定食

# 赤城屋

TEISHOKU AKAGIYA

TEL 03-3337-2345

3-22-2 Koenji-Kita, Suginami-ku

OPEN 11.45am-2.30pm / 5.00pm-10.00pm  
Closed Sat

## 单品 Single Tapas Dishes

- 1. かきフライ Kaki Fry (Fried Oyster) ..... ¥ 530
- 2. えびフライ Ebi Fry (Fried Shrimp) ..... ¥ 480
- 3. あじフライ Aji Fry (Fried Horse Mackerel) ..... ¥ 430
- 4. 焼き魚 Yakizakana (Fried Fish) ..... ¥ 480
- 5. 煮魚 Nizakana (Boiled Fish) ..... ¥ 480
- 6. まぐろぶつ Magurobutsu (Tuna Blocks) ..... ¥ 400
- 7. 山かけ Yamakake (Tuna Topped with Grated Yams) ..... ¥ 530
- 8. 月見とろろ Tsukimi tororo (Grated Yams with Raw Egg) ..... ¥ 380
- 9. とろろ Tororo (Grated Yams) ..... ¥ 330
- 10. ハムエッグ Ham Egg (Ham & Egg) ..... ¥ 400
- 11. 目玉焼き Medamayaki (Fried Egg (Sunnyside Up)) ..... ¥ 330
- 12. オムレツ Omelet (Omelet) ..... ¥ 330
- 13. 厚焼き玉子 Atsuyaki tamago (Thick Egg) ..... ¥ 330
- 14. 玉子おでん Tamago oden (Egg Oden) ..... ¥ 430
- 15. 豚もつ煮込み Butamotsu Nikomi (Simmered Pork Giblets) ..... ¥ 430
- 16. ポテトチップス Potato chips (Potato Chips) ..... ¥ 200
- 17. 枝豆 Edamame (Edamame (Soybeans in a Pod)) ..... ¥ 200
- 18. 揚げ出し豆腐 Agedashi doufu (Fried Tofu) ..... ¥ 480
- 19. 湯豆腐 Yudoufu (Boiled Tofu) ..... ¥ 330
- 20. 冷奴 Hiyayakko (Plain Tofu) ..... ¥ 280
- 21. 冷しトマト Hiyashi tomato (Sliced Tomato) ..... ¥ 330
- 22. 揚げ茄子 Agenasu (Stir Fried Eggplant) ..... ¥ 330

- 23. 板わさ Itawasa (Fish Cake with Wasabi) ..... ¥ 330
- 24. 揚げシュウマイ Agedashi-shumai (Fried Dumpling) ..... ¥ 380
- 25. 鶏唐揚げ Torikaraage (Fried Chicken) ..... ¥ 420
- 26. ミニ唐揚 Mini karaage (Mini Fried Chicken) ..... ¥ 280
- 27. おろし Oroshi (Grated Japanese Radish) ..... ¥ 200
- 28. しらすおろし Shirasu oroshi (Baby Sardines Grated Japanese Radish) ..... ¥ 330
- 29. 塩辛おろし Shiokara oroshi (Salted Fish Intestines with Grated Radish) ..... ¥ 380
- 30. 塩辛 Shiokara (Salted Fish Intestines) ..... ¥ 280
- 31. 酢の物 Sunomono (Assorted Pickles) ..... ¥ 230
- 32. キムチ Kimchi (Kimchi (Korean Pickles)) ..... ¥ 250
- 33. サラダ (各種) Salad (Salad (Various)) ..... ¥ 330
- 34. ポテトサラダ Potato salad (Potato Salad) ..... ¥ 270
- 35. マカロニサラダ Macaroni salad (Macaroni Salad) ..... ¥ 270
- 36. おひたし Ohitashi (Boiled Spinach) ..... ¥ 200
- 37. ウィンナー Wiener (Wiener Sausages) ..... ¥ 330
- 38. 納豆 Natto (Fermented Beans) ..... ¥ 130
- 39. 黄身納豆 Kimi natto (Egg and Fermented Beans) ..... ¥ 200
- 40. 生玉子 Nama tamago (Raw Egg) ..... ¥ 80
- 41. おにぎり (各種) Onigiri (Rice Balls (Various)) ..... ¥ 110~
- 42. いなり寿司 Inarizushi (Sushi Rice Wrapped with Fried Tofu) ..... ¥ 110
- 43. ビールおつまみ SET 中瓶 or 中生、ミニ唐揚げ、枝豆 Beer otsumami set (Beer Tapas Set) ..... ¥ 800→750
- 44. 日本酒おつまみ SET 日本酒 1 合、ミニ唐揚げ、枝豆 Nishonshu otsumami set (Japanese Sake Tapas Set) ..... ¥ 750→700

## 日替り Daily Specials

- 45. A 定食 A Teishoku (A Meal Set) ..... ¥ 580
- 46. B 弁当 B Bento (B Bento Box) ..... ¥ 630
- 47. S 弁当 S Bento (S Bento Box) ..... ¥ 830
- 48. 和定食 Wa Teishoku (Asian Meal Set) ..... ¥ 800

## お弁当 Bento Box

- 49. 特製赤城弁当 Tokusei Akagi Bento (Akagi Special Bento Box) ..... ¥ 1500
- 50. 赤城弁当 Akagi Bento (Akagi Bento Box) ..... ¥ 800
- 51. 幕の内弁当 Makunouchi Bento (Bento Box with Various Fish, Vegetables, and Meat) ..... ¥ 1300
- 52. すし盛合せ弁当 Sushi moriawase bento (Mix Sushi Bento Box) ..... ¥ 800
- 53. いなり弁当 Inari bento (Sushi Rice Wrapped with Fried Tofu Bento) ..... ¥ 660
- 54. おにぎり弁当 Onigiri bento (Rice Ball Bento Box) ..... ¥ 660
- 55. ミニうなぎ弁当 Mini unagi bento (Mini Eel Bento Box) ..... ¥ 780

## ライス Rice

- 56. 普通ライス Futsu rice (Regular Rice) ..... ¥ 170
- 57. 中盛ライス Chu mori rice (Medium Rice) ..... ¥ 150
- 58. 小 ライス Sho rice (Small Rice) ..... ¥ 120

## 丼物・麺物 Don = Over Rice

- 59. カツ丼 Katsu don (Katsudon - Cutlet with Egg and Soy Sauce) ... ¥ 800

- 60. 天丼 Ten don (Tempura Don - Bowl) ..... ¥ 800
- 61. 鉄火丼 Tekka don (Tuna Bowl) ..... ¥ 780
- 62. まぐろ丼 Maguro don (Seasoned Tuna Bowl) ..... ¥ 780
- 63. カレーライス Curry rice (Curry Rice) ..... ¥ 600
- 64. カツカレー Katsu curry (Katsu Curry) ..... ¥ 700
- 65. ざるそば Zaru soba (Cold Soba - Buckwheat Noodles) ..... ¥ 550
- 66. 茶そば (天ぷら付) Cha soba (Green Tea Soba with Tempura) ..... ¥ 870
- 67. 冷しそうめん Hiyashi somen (Cold Vermicelli Noodles) ..... ¥ 600
- 68. 鍋焼きうどん Nabeyaki udon (Hot Pot Udon) ..... ¥ 730
- 69. 鍋うどん set Nabe udon set (Hot Pot Udon Set) ..... ¥ 880

## 汁物 Soup

- 70. みそ汁 Miso shiru (Miso Soup) ..... ¥ 80
- 71. 豚汁 Tonjiru (Pork Soup) ..... ¥ 180
- 72. 豚汁 (大) Tonjiru(dai) (Pork Soup (Large)) ..... ¥ 280

## 定食 Set Meals

- 73. 天ぷら定食 Tempura teishoku (Tempura Set Meal) ..... ¥ 850
- 74. 精進揚げ定食 Shojin age teishoku (Fried Vegetable Set Meal) ..... ¥ 750
- 75. 焼肉定食 Yakiniku teishoku (Grilled Beef Set Meal) ..... ¥ 650
- 76. とんかつ定食 Tonkatsu teishoku (Pork Cutlet Set Meal) ..... ¥ 650
- 77. 塩鮭定食 Siojake teishoku (Salted Salmon Set Meal) ..... ¥ 800
- 78. 焼魚定食 Yakizakana teishoku (Grilled Fish Set Meal) ..... ¥ 630
- 79. 煮魚定食 Nizakana teishoku (Boiled Fish Set Meal) ..... ¥ 630
- 80. お刺身定食 Osashimi teishoku (Sashimi (Raw Fish) Set Meal) ..... ¥ 880
- 81. お刺身セット Osashimi set (Sashimi Set) ..... ¥ 780
- 82. えびフライ定食 Ebi fry teishoku (Fried Shrimp Set Meal) ..... ¥ 730
- 83. かきフライ定食 Kaki fry teishoku (Fried Oyster Set Meal) ..... ¥ 730
- 84. オムレツ定食 Omelet teishoku (Omelet Set Meal) ..... ¥ 530
- 85. 玉子おでん定食 Tamago oden teishoku (Egg Oden Set Meal) ..... ¥ 700
- 86. 山かけ定食 Yamakake teishoku (Grated Yams Set Meal) ..... ¥ 780
- 87. 鶏の唐揚げ定食 Tori no karaage teishoku (Fried Chicken Set Meal) ..... ¥ 650
- 88. ハムエッグ set Ham egg set (Ham & Egg Set) ..... ¥ 750

### <Notice>

Some of restaurants accept CASH ONLY  
The price including or excluding TAX is depending on the restaurant  
Some of restaurants require COVER CHARGE  
Some of restaurants require to order at least ONE DRINK

### <Ingredients/Taste>

- Chicken
- Pork
- Seafood
- Vegetables
- Flour
- Beef
- Fish
- Egg
- Dairy Products
- Spicy

協力: なみじゃない、杉並!  
中央線あるある PROJECT

EXPERIENCE SUGINAMI TOKYO