

沖縄料理

# 抱瓶

Dachi-bin

TEL 03-3337-1352

3-2-13,Koenji-kita,Suginami-ku

Open 5:00pm-5:00am

Cash Only

Cover charge 300yen

## フードメニュー Food Menu

- 1. パパイヤ味噌漬 Papaya Misozuke  
(Papaya Pickled with Mizo) ..... ¥ 324 
- 2. パパイヤサラダ Papaya Salad  
(Papaya Salad) ..... ¥ 702 
- 3. パパイヤチャンプルー Papaya Champuru  
(Papaya, Vegetables, and Pork stir-fry) ..... ¥ 756 
- 4. 島らっきょ Shimarakkyo  
(Island Japanese Leek) ..... ¥ 504 
- 5. 島らっきょ天ぷら Shimarakkyo Tempura  
(Tempura of Island Japanese Leek) ..... ¥ 648 
- 6. ゴーヤーのライス Goya no Slice  
(Sliced Bitter Melon) ..... ¥ 486 
- 7. ゴーヤー梅酢漬 Goya Umesuzuke  
(Pickled Bitter Melon with Ume Vineger) ..... ¥ 540 
- 8. ゴーヤーの天ぷら Goya no Tempura  
(Tempura of Bitter Melon) ..... ¥ 594 
- 9. ゴーヤーサラダ Goya Salad  
(Bitter Melon Salad) ..... ¥ 648 
- 10. ゴーヤーチャンプルー Goya Champuru  
(Bitter Melon, Vegetables, and Pork stir-fry) ..... ¥ 756 











- 11. ゴーヤー炒飯 Goya Chahan  
(Fried Rice with Bitter Melon) ..... ¥ 864 
- 12. ゴーヤーカレー Goya Curry  
(Curry Rice of Bitter Melon) ..... ¥ 864 
- 13. ナーベラーンブシー Naberanbushi (Gourd, Pork, and Tofu Stew Seasoned with Miso (Sponge gourd)) ..... ¥ 756 
- 14. 紅芋アイス Beniimo Ice  
(Red Sweet Potato Ice Cream) ..... ¥ 432
- 15. 紅芋太郎 Beniimo Taro  
(Red Sweet Potato inside Sesame Dumpling) ..... ¥ 540
- 16. 紅芋天ぷら Beniimo Tempura  
(Tempura of Red Sweet Potato) ..... ¥ 594 
- 17. フーチバージューシイ Fuchibajyucy  
(Rice Seasoned and Cooked with Wormwood) ..... ¥ 594
- 18. タコス☆ソーセージ Tacos Sausage  
(Tacos Sausage) ..... ¥ 432 
- 19. ポチギ Pochigi (Okinawan Sausage) ..... ¥ 648 
- 20. ソーキ汁 Soki Jiru (Pork Sparerib Soup) ..... ¥ 810 
- 21. ラフティー Rafuty  
(Okinawan-style Stewed Pork Cubes) ..... ¥ 864 
- 22. ソーキブニ Soki Buni (Sparerib) ..... ¥ 864
- 23. ミミガー Mimiga (Okinawan Dish of Pig Ears) ..... ¥ 486 
- 24. ミミガーチップス Mimiga Chips  
(Pig Ears Chips) ..... ¥ 540 
- 25. チムスライス Chimu Slice (Sliced Boiled Liver) ¥ 486
- 26. 中身汁 Nakami Jiru (Pork Giblets Soup) ..... ¥ 702 
- 27. 中身イリチイ Nakami Irichi (Fried Pork Giblets) ..... ¥ 756 
- 28. チムイリチイ Chimuirity  
(Fried Congealed Pork Blood) ..... ¥ 756 
- 29. 足ティビチ Ashi Tybichi (Pig' s Feet) ..... ¥ 864 
- 30. 足ティビチ煮付け Ashi Tybichi Nitsuke  
(Pig' s Feet Stew) ..... ¥ 864 
- 31. ヒージャー刺身 Hijya Sashimi  
(Sashimi of Goat) ..... ¥ 1512
- 32. ヒージャー汁 Hijya Jiru (Soup of Goat) ..... ¥ 1512
- 33. ポーク玉子 Pork Tamago  
(Luncheon Meat and Omelet) ..... ¥ 702 
- 34. ポークカリカリ Pork Karikari  
(Fried Luncheon Meat) ..... ¥ 702 

- 35. ポークチャンプルー Pork Champuru  
(Vegetables, and Pork stir-fry) ..... ¥ 756 
- 36. スーチカー Suchika  
(Pork which is Preserve in Salt,Kind of Ham) ..... ¥ 864 
- 37. グルクンの唐揚 Gurukon no Karaage  
(Fried Gurukun Fish) ..... ¥ 810 
- 38. グルクン一夜干し Gurukon Ichiyaboshi  
(Dried Gurukun Fish) ..... ¥ 810
- 39. 島魚刺身 Shimazakana Sashimi  
(Sashimi of Local Fish) ..... ¥ 864 
- 40. 島魚刺身盛合わせ (二品) Sashimi Moriawase (Nihin)  
(Assorted Sashimi of Local Fish 2types) ..... ¥ 1296 
- 41. 島魚刺身盛合わせ (三品) Sashimi Moriawase (Sampin)  
(Assorted Sashimi of Local Fish 3types) ..... ¥ 1836 
- 42. スヌイ Sunui (Seaweed) ..... ¥ 432
- 43. 海ぶどう Umi Budou (Sea Grape) ..... ¥ 540
- 44. アーサ汁 Asa Jiru (Sea Lettuce Soup) ..... ¥ 648
- 45. アーサ玉子 Asa Tamago (Sea Lettuce and Egg) ..... ¥ 702 
- 46. クーブイリチイ Kubuirity (Fried Pork and Kelp) ..... ¥ 702
- 47. スヌイ天ぷら Sunui Tempura  
(Tempura of Seaweed) ..... ¥ 756
- 48. スルルー天ぷら Sururu Tempura  
(Tempura of Silver-stripe Round Herring) ..... ¥ 486
- 49. 海の幸サラダ Umi no Sachi Salad  
(Seafood Salad) ..... ¥ 594 
- 50. 八重山かまぼこ Yaeyama Kamaboko  
(Boiled Fish Paste) ..... ¥ 702
- 51. まぐろの天ぷら Maguri no Tempura  
(Tempura of Tuna) ..... ¥ 756 


### <Notice>

Some of restaurants accept CASH ONLY  
The price including or excluding TAX is depending on the restaurant  
Some of restaurants require COVER CHARGE  
Some of restaurants require to order at least ONE DRINK

### <Ingredients/Taste>

-  Chicken
-  Pork
-  Seafood
-  Vegetables
-  Flour
-  Beef
-  Fish
-  Egg
-  Dairy Products
-  Spicy

協力: なみじゃない、杉並!  
中央線あるある PROJECT

 EXPERIENCE  
SUGINAMI TOKYO

**52. イカ墨やきそば** Ikasumi Yakisoba  
(Fried Noodle with Squid Ink) ..... ¥ 864 🍴

**53. 島豆腐の奴** Shimadofu no Yakko  
(Local Cold Tofu) ..... ¥ 378

**54. ニガナー豆腐** Nigana Tofu  
(Tofu with Ixeris Dentata) ..... ¥ 378

**55. 豆腐よう** Tofuyou  
(Okinawan-style Fermented Tofu) ..... ¥ 540

**56. ジーマミー豆腐** Jimami Tofu  
(Tofu of Peanuts) ..... ¥ 540

**57. ゆし豆腐** Yushi Tofu (Fluffy Tofu) ..... ¥ 540

**58. 豆腐チャンプルー** Tofu Champuru  
(Tofu, Vegetables, and Pork Stir-fry) ..... ¥ 702 🍴 🍴

**59. スクガラス** Sukugarasu (Salted Rabbitfish) ..... ¥ 486 🍴

**60. ワタガラス** Watagarasu (Salted GIBLETS of Bonito) ..... ¥ 486 🍴

**61. タクガラス** Takugarasu (Salted Octopus) ..... ¥ 486 🍴

**62. イチャガラス** Ichagarasu (Salted Squid) ..... ¥ 486 🍴

**63. 豆腐よう** Tofuyou  
(Okinawan-style Fermented Tofu) ..... ¥ 540

**64. スンシー** Sunshi (Bamboo Shoot) ..... ¥ 702

**65. クーブイチチ** Kubuitity (Fried Pork and Kelp) ..... ¥ 702 🍴

**66. 冷やしトマト** Hiyashi Tomato (Cold Tomato) ¥ 270 🍴

**67. もろきキュー or 梅キュー** Morokyu or Umekyu  
(Cucumber with Miso or Cucumber with Pickled Ume) ..... ¥ 270 🍴

**68. お新香** Oshinko (Pickled Vegetables) ..... ¥ 378 🍴

**69. 馬刺し** Basashi (Sashimi of Horse Meat) ..... ¥ 864

**70. にんにく揚げ** Ninniku Age (Fried Garlic) ..... ¥ 324 🍴

**71. ポテトフライ** Potato Fry (Fried Potato) ..... ¥ 432 🍴

**72. スルルー天ぷら** Sururu Tempura  
(Tempura of Silver-stripe Round Herring) ..... ¥ 486

**73. 唐揚げ** Karaage (Fried Chicken) ..... ¥ 594 🍴

**74. ゴーヤーの天ぷら** Goya no Tempura  
(Tempura of Bitter Melon) ..... ¥ 594 🍴

**75. 紅芋天ぷら** Beniimo Tempura  
(Tempura of Red Sweet Potato) ..... ¥ 594 🍴

**76. カーリーフライ** (Curly Fries) ..... ¥ 540 🍴

**77. 島らっきょう天ぷら** Shimarakkyou Tempura  
(Tempura of Island Japanese Leek) ..... ¥ 648 🍴

**78. 八重山かまぼこ** Yaeyama Kamaboko  
(Boiled Fish Paste) ..... ¥ 702

**79. スヌイ天ぷら** Sunui Tempura  
(Tempura of Seaweed) ..... ¥ 756 🍴

**80. まぐろの天ぷら** Maguri no Tempura  
(Tempura of Tuna) ..... ¥ 756 🍴

**81. ヒラヤチー** Hitayachi  
(Savoury Okinawan Pancake) ..... ¥ 594

**82. マーミナーチャンプルー** Mamina Champuru  
(Bean Sprouts, Vegetables, and Pork stir-fry) ..... ¥ 594 🍴 🍴

**83. 人参しりしり** Ninjin Shirishiri  
(Fried Carrot and Egg) ..... ¥ 594 🍴

**84. トーフチャンプルー** Tofu Champuru  
(Tofu, Vegetables, and Pork stir-fry) ..... ¥ 702 🍴 🍴

**85. ソーミンチャンプルー** Somin Champuru  
(Japanese Vermicelli, Vegetables, and Pork stir-fry) ..... ¥ 702 🍴 🍴

**86. フーイリチ** Fuirity  
(Fried Breadlike Food Made of Wheat Gluten) ..... ¥ 756

**87. ポークチャンプルー** Pork Champuru  
(Vegetables, and Pork stir-fry) ..... ¥ 756 🍴 🍴

**88. チキナーチャンプルー** Chikina Champuru  
(Salted Mustards, Vegetables, and Pork stir-fry) ..... ¥ 756 🍴 🍴

**89. 中身イリチ** Nakami Irichi (Fried Pork GIBLETS) ..... ¥ 756 🍴

**90. チムイリチ** Chimuirity  
(Fried Congealed Pork Blood) ..... ¥ 756 🍴

**91. ナーベラーンブシー** Naberanbushi (Gourd, Pork, and Tofu Stew Seasoned with Miso (Sponge gourd)) ..... ¥ 756 🍴

**92. ゴーヤーチャンプルー** Goya Champuru  
(Bitter Melon and Tofu Stir- red) ..... ¥ 756

**93. 沖縄そば** Okanawa Soba  
(Okinawa Soba Noodle) ..... ¥ 648

**94. ソーキそば** Soki Soba (Pork Sparerib Noodle) ..... ¥ 864 🍴

**95. 中身そば** Nakami Soba  
(Soba Noodle with Pork GIBLETS) ..... ¥ 972 🍴

**96. 沖縄焼そば** Okinawa Yakisoba  
(Okinawan Fried Noodle) ..... ¥ 810 🍴

**97. 沖縄焼そば (イカ墨味)** Okanawa Yakisoba  
(Okinawan Fried Noodle (Squid Ink Flavour)) ..... ¥ 864 🍴 🍴

**98. アンダンスのおにぎり (2ヶ)** Andansu no Onigiri  
(Rice Ball of Oily Miso (2piece)) ..... ¥ 540

**99. 焼おにぎり (2ヶ)** Yaki Onigiri  
(Roasted Rice Ball (2 piece)) ..... ¥ 540 🍴

**100. タコライス** Tako Rice (Taco Rice) ..... ¥ 702 🍴

**101. フーチバーजूシー** Futi Bajusy  
(Rice Seasoned and Cooked with Wormwood) ..... ¥ 594

**102. ゴーヤ炒飯** Goya Chahan  
(Fried Rice with Bitter Melon) ..... ¥ 864 🍴

**103. ワタガラス炒飯** Watagarasu Cyahan  
(Fried Rice with Salted GIBLETS of Bonito) ..... ¥ 864 🍴

**104. ゴーヤーカレー** Goya Curry  
(Curry of Bitter Melon) ..... ¥ 864 🍴

**105. 島串 (3本)** Shimakushi (Island Bar (3piece)) ..... ¥ 486

**106. 豚串 (3本)** Butakushi (Pork Bar (3piece)) ..... ¥ 594 🍴

**107. しいたけ肉巻 (2本)** Shitake Nikumaki  
(Rolled Japanese Mushroom with Pork) ..... ¥ 594 🍴

**108. 湯豆腐** Yudofu (Boiled Tofu) ..... ¥ 810

**109. もつ鍋** Motsu Nabe (Pot of GIBLETS) ..... ¥ 972 🍴

**110. 抱瓶鍋** Dachibin Nabe (Okinawan Pot) ..... ¥ 1620

**111. アグー豚のしゃぶしゃぶ** Agu Buta no Shabushabu  
(Thin Slices of Agu Pork Parboiled in Hot Soup) ..... ¥ 1080 🍴

**112. トーフサラダ** Tofu Salad (Tofu Salad) ..... ¥ 486 🍴

**113. ツナサラダ** Tuna Salad (Tuna Salad) ..... ¥ 486 🍴

**114. 海の幸サラダ** Umi no Sachi Salad  
(Seafood Salad) ..... ¥ 594 🍴

**115. ゴーヤーサラダ** Goya Salad  
(Bitter Melon Salad) ..... ¥ 648

**116. パパイアサラダ** Papaya Salad (Papaya Salad) ..... ¥ 702

**117. サターアンダギー** Sataandagi (Okinawan Sweet Deep-fried Bun Similar to a Doughnut) ..... ¥ 432

**118. ちんすこう** Chinsuko (Okinawan Cookie) ..... ¥ 432

**119. ブルーシールアイスクリーム** Blue Seal Ice Cream  
(Blue Seal Ice Cream) ..... ¥ 432

**120. 紅芋太郎** Beniimotaro  
(Red Sweet Potato inside Sesame Dumpling) ..... ¥ 540