

Houmien 豊味苑

TEL 03-3223-5756

3-22-3, Koenji-Kita, Suginami-ku

11.00am-2.00am

スープ Soup

- 16. コーンクリームスープ Corn cream soup (Corn cream soup) ¥ 630
- 17. 五目野菜豆腐スープ Gomoku yasai tofu soup (Vegetables and tofu soup) ¥ 630
- 18. 玉子スープ Tamago soup (Egg soup) ¥ 630
- 19. エビワンタンスープ Ebi wantan soup (Chinese flour dumplings with shrimp in soup) ¥ 750
- 20. フカヒレスープ Fukahire soup (Shark fin soup) ¥ 1300
- 21. カニ肉入りフカヒレスープ Kani niku iri fukahire soup (Crab meat in shark fin soup) ¥ 1500
- 22. 海鮮入りサンラースープ Kaisen iri sanra soup (Sour Chinese soup with seafood) ¥ 750
- 23. すい餃子スープ Sui gyoza soup (Boiled Chinese dumpling soup) ¥ 750

豚肉・野菜料理 Pork/Vegetable

- 24. 豚肉とピーマンの炒め Butaniku to piman no itame (Fried pork and pimento) ¥ 930
- 25. 豚肉と椎茸の辛味噌炒め Butaniku to shitake no karamiso itame (Fried pork and Japanese mushroom with spicy miso sauce) ¥ 930
- 26. 豚肉の角煮 Butaniku no kakuni ¥ 1380
- 27. 酢豚 Subuta ¥ 930
- 28. 豚肉とキャベツの辛味噌炒め Butaniku to kyabetsu no karamiso itame (Fried pork and cabbage with spicy miso sauce) ¥ 830
- 29. 豚レバーとニラの炒め Buta liver to nira no itame (Fried pork liver and leek) ¥ 790
- 30. 豚肉とニンニクの茎炒め Butaniku to ninniku no kuki itame (Fried pork and stem of garlic) ¥ 930
- 31. 黒酢酢豚 Kurozu subuta (Sweet - and - sour(black vinegar) pork) ¥ 930
- 32. 豚肉とホウレン草の玉子炒め Butaniku to horenso no tamago itame (Fried pork, spinach and egg) ¥ 830
- 33. 豚肉とセロリの炒め Butaniku to celery no itame (Fried pork and celery) ¥ 930
- 34. 五目野菜うま煮 Gomoku yasai umani (Vegetables boiled in soy sauce with sugar) ¥ 830
- 35. レタスのカキ油炒め Lettuce no kakiabura itame (Fried lettuce with oyster sauce) ¥ 830
- 36. 白菜とハムのクリーム煮 Hakusai to ham no cream ni (Cream stew of Chinese cabbage and ham) ¥ 830
- 37. 豚肉と春雨の醤油炒め Butaniku to harusame no shoyu itame (Fried pork and bean - starch vermicelli with soy sauce) ¥ 790
- 38. チンゲンサイ炒め Chingensai itame (Fried Chinese cabbage) ¥ 830

炒飯・丼 Chinese Fried Rice/Rice Bowl

- 1. 海鮮の XO 醬チャーハン Kaisen no Xojan chahan (Fried rice of seafood xo sauce) ¥ 990
- 2. カニ肉チャーハン Kaniniku chahan (Fried rice of crab meat) ¥ 870
- 3. 高菜チャーハン Takana chahan (Fried rice of pickled leaf mustard) ¥ 780
- 4. エビチャーハン Ebi chahan (Fried rice of shrimp) ¥ 770
- 5. キムチチャーハン Kimchi chahan (Fried rice of kimchi) ¥ 770
- 6. 五目チャーハン Gomoku chahan (Fried rice of vegetables) ¥ 770
- 7. カレーチャーハン Curry chahan (Fried rice of curry) ¥ 780
- 8. カレーご飯 Curry gohan (Curry rice) ¥ 680
- 9. マーボナスかけご飯 Mabo nasu kake gohan (Dish of tofu, minced meat and egg plant on rice) ¥ 780
- 10. マーボ豆腐かけご飯 Mabo dofu kake gohan (Dish of tofu and minced meat on rice) ¥ 730
- 11. 五目かけご飯 Gomoku kake gohan (Fried vegetables with sauce on rice) ¥ 730
- 12. エビかけご飯 Ebi kake gohan (Fried shrimp with sauce on rice) ¥ 780
- 13. カニ玉甘酢かけご飯 Kanitama amazu kake gohan (Crab meat in omelet with sweet vinegar on rice) ¥ 800
- 14. 牛バラ肉かけご飯 Gyu baraniku kake gohan (Fried boned rib of beef on rice) ¥ 880
- 15. エビとトマトと玉子甘酢かけご飯 Ebi to tomato to tamago amazu kake gohan (Fried shrimp, tomato and egg with sweet sauce on rice) ¥ 800

- 39. 青梗菜とハムのクリーム煮 Chingensai to ham no cream ni (Cream stew of Chinese cabbage and ham) ¥ 830
- 40. 小松菜炒め Komatsuna itame (Fried Japanese mustard spinach) ¥ 830
- 41. もやしとニラ炒め Moyashi to nira itame (Fried bean sprout and leek) ¥ 650
- 42. マーボナス Mabo nasu (Dish of tofu, minced meat and egg plant) ¥ 790

前菜・サラダ Appetizer/Salad

- 43. キャベツとハムのクリーム煮 Kyabetsu to ham no cream ni (Cream stew of cabbage and ham) ¥ 830
- 44. 豚肉とイロイロ野菜炒め Butaniku to iroiro yasai itame (Fried pork and various vegetables) ¥ 830
- 45. トウモロコシ炒め Tomoyo itame (Fried pea sprouts) ¥ 830
- 46. クウシンサイ炒め Kushinsai itame (Fried Chinese water spinach) ¥ 830
- 47. 五目おこげ Gomoku okoge (Burnt rice and vegetables) ¥ 880
- 48. 海鮮おこげ Kaisen okoge (Burnt rice and seafood) ¥ 980
- 49. フカヒレおこげ Fukahire okoge (Burnt rice and shark fin) ¥ 1380
- 50. 冷菜の盛り合わせ Reisai no moriawase (Assorted cold) ¥ 1580
- 51. くらげの冷菜 Kurage no reisai (Cold antipasto) ¥ 980
- 52. 香港風チャーシュー Hong kong fu chashu (Hong Kong style roasted pork fillet) ¥ 980
- 53. ピータン豆腐 Pitan tofu (Century egg and tofu) ¥ 450
- 54. ゆで豚肉のニンニクタレ Yude butaniku no ninniku tare (Boiled pork with garlic sauce) ¥ 850
- 55. 蒸し鶏の冷菜 Mushidori no reisai (Cold boiled chicken dish) ¥ 850
- 56. バンバンジー Banbanji (Chicken in a spicy sauce) ¥ 850
- 57. 蒸し鶏のピリ辛ソース Mushidori no pirikara sauce (Boiled chicken with spicy sauce) ¥ 850
- 58. 海の幸とトマトのサラダ Umi no sachi to tomato no salad (Seafood and tomato salad) ¥ 980

<Notice>

Some of restaurants accept CASH ONLY
The price including or excluding TAX is depending on the restaurant
Some of restaurants require COVER CHARGE
Some of restaurants require to order at least ONE DRINK

<Ingredients/Taste>

Chicken Pork Seafood Vegetables Flour
 Beef Fish Egg Dairy Products Spicy

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EXPERIENCE
SUGINAMI TOKYO

59. くらげのチャーシューサラダ Kurage no chashu salad (Salad of jelly fish and roasted pork fillet) ¥ 880 🐙 🐷
60. バンバンジーサラダ Banbanji salad (Salad of chicken in a spicy sauce) ¥ 780 🐔 🌶️
61. トマトたっぷりサラダ Tomato tappuri salad (Tomato salad) ¥ 680 🍅

小皿料理 Tapas

62. イカゲソの香り揚げ Ikageso no kaori age (Fragrant deep-fried squid tentacles) ¥ 490 🐙
63. ピータン Pitan (Century egg) ¥ 230 🥚
64. 豚のレバーの香り揚げ Buta no liver no kaori age (Fragrant deep-fried pork liver) ¥ 490 🐷
65. 豚ミミとねぎの豆板醤風味 Butamimi to negi no tobanjan fumi (Broad bean chili paste flavored pork ears and green onion) ¥ 330 🐷
66. 四川風ザーサイ Shisen fu zasai (Szechuan style pickled mustard plant stem) ¥ 200 🌶️
67. エビセン揚げ Ebi sen age (Deep-fried rice cracker of shrimp) ¥ 150 🍤
68. キュウリ冷菜 Kyuri reisai (Cold dish of cucumber) ¥ 200 🥒
69. 辛酢白菜 Karazu hakusai (Spicy pickled Chinese cabbage) ¥ 230 🌶️ 🥬
70. 冷奴 Hiya yakko (Cold tofu) ¥ 150 🍲
71. 味付けメンマ Ajitsuke memma (Seasoned bamboo shoot) ¥ 230 🍲
72. キムチ (Kimchi) ¥ 230 🌶️
73. えだまめ Edamame (Soybeans in the pod) ¥ 230 🥬
74. 冷やしトマト Hiyashi tomato (Cold tomato) ¥ 230 🍅
75. 鶏の砂肝ラー油和え Tori no sunagimo rayu ae (Dressed chicken gizzard and spicy oil) ¥ 430 🐔
76. エビフライ Ebi fry (Deep-fried prawn) ¥ 430 🍤
77. カキフライ Kaki fry (Deep-fried oyster) ¥ 430 🍤
78. 牛のカツ冷菜 Ushi no katsu reisai (Cold dish of beef cutlet) ¥ 430 🐮
79. ねぎとチャーシュー和え Negi to chashu ae (Dressed roasted pork fillet and green onion) ¥ 490 🐔
80. 手羽先の香り揚げ Tebasaki no kaori age (Fragrant deep-fried chicken wing) ¥ 330 🐔
81. 粗挽き腸詰め Arabiki chozume (Coarsely ground meat sausage) ¥ 490 🐷

鶏肉・玉子・豆腐料理 Chicken/Egg/Tofu

82. 若鶏の唐揚げ Wakadori no karaage (Deep-fried young chicken) ¥ 850 🐔
83. 揚げ鶏の黒酢がけ Agedori no kurozu gake (Black vinegar deep-fried chicken) ¥ 850 🐔
84. 若鶏の揚げオレンジソースがけ Wakadori no age orange sauce kake (Orange sauce on deep-fried young chicken) ¥ 850 🐔

85. 若鶏のバリバリ揚げ Wakadori no paripari age (Crispy deep-fried chicken) ¥ 850 🐔
86. 蒸し鶏のネギサラダオイルがけ Mushidori no negi salad oil kake (Green onion sauce on boiled chicken) ¥ 850 🐔
87. 揚げ鶏の甘酢がけ Agedori no amazu kake (Black vinegar on deep-fried chicken) ¥ 850 🐔
88. 鶏肉と五目の辛子ソース炒め Toriniku to gomoku no karashi sauce itame (Fried chicken and vegetables with mustard sauce) ¥ 850 🐔 🌶️
89. 鶏の唐揚げ油淋ソースがけ Tori no karaage yurin sauce kake (Vinegar sauce, soy sauce and plenty of chopped white onions on deep-fried chicken) ¥ 850 🐔
90. 鶏肉と五目カシュナッツ炒め Toriniku to gomoku cashew nuts itame (Fried chicken, vegetables and cashew nuts) ¥ 850 🐔
91. 揚げ鶏の唐辛子風味 Agedori no togarashi fumi (Red hot pepper taste deep-fried chicken) ¥ 850 🐔 🌶️
92. チャーシューとニラと玉子炒め Chashu to nira to tamego itame (Fried roasted pork fillet, leek and egg) ¥ 830 🐷 🥚
93. カニ玉の甘酢がけ Kanitama no amazu kake (Crab meat in omelet with sweet vinegar) ¥ 830 🍤 🥚
94. カニ肉入りふわふわ玉子炒め Kaniniku iri fuwafuwa tamago itame (Fluffy fried egg and crab meat) ¥ 830 🍤 🥚
95. トマトと玉子炒め Tomato to tamago itame (Fried tomato and egg) ¥ 830 🍅 🥚
96. エビと玉子炒め Ebi to tamago itame (Fried shrimp and egg) ¥ 830 🍤 🥚
97. 揚げ豆腐と五目の醤油煮 Age tofu to gomoku no shoyu ni (Soy sauce stew of deep-fried tofu and vegetables) ¥ 880 🍲
98. 広東風マーボ豆腐 Kanton fu mabo dofu (Guangzhou style dish of tofu and minced meat) ... ¥ 680 🌶️
99. 四川風マーボ豆腐 Shisen fu mabo dofu (Szechuan style dish of tofu and minced meat) ¥ 750 🌶️
100. 海鮮と豆腐のうま煮 Kaisen to tofu no umani (Seafood and tofu boiled in soy sauce with sugar) ¥ 880 🍲
101. 揚げ豆腐と椎茸の辛味噌煮 Agedofu to shitake no karamiso ni (Spicy miso stew of deep-fried tofu and Japanese mushroom) ¥ 880 🍲

牛肉料理 Beef

102. 牛バラ肉と椎茸の正油煮 Gyu baraniku to shitake no shoyu ni (Soy sauce stew of boned rib of beef and Japanese mushroom) ¥ 980 🐮
103. 牛肉とニンニクの茎炒め Gyuniku to ninniku no kuki itame (Fried beef and stem of garlic) ¥ 950 🐮

104. 牛肉とイロイロ野菜の炒め Gyuniku to iroiro yasai no itame (Fried beef and vegetables) ¥ 950 🐮 🌿
105. 牛肉と椎茸の辛味噌炒め Gyuniku to shitake no karamiso itame (Fried beef and Japanese mushroom with spicy miso sauce) ¥ 950 🐮
106. 牛肉とピーマンの炒め Gyuniku to piman no itame (Fried beef and bell pepper) ¥ 950 🐮 🌶️
107. 牛肉とセロリの炒め Gyuniku to celery no itame (Fried beef and celery) ¥ 950 🐮 🌿
108. 牛肉とネギの辛子炒め Gyuniku to negi no karashi itame (Fried beef and green onion with mustard) ... ¥ 950 🐮 🌶️
109. 牛肉とアスパラの炒め Gyuniku to aspara no itame (Fried beef and asparagus) ¥ 950 🐮 🌿

鉄板焼き Roasted on a Hot Plate

110. モツ鉄板焼き Motsu no teppan yaki (Pork giblets roasted on a hot plate) ¥ 980 🐷
111. カキ鉄板焼き Kaki no teppan yaki (Oyster roasted on a hot plate) ¥ 1180 🍤
112. 牛肉の黒胡椒鉄板焼き Gyuniku no kurokosho teppan yaki (Beef roasted on a hot plate with black pepper) ¥ 1280 🐮

高級料理・名貴素材 Special Dish

113. カニ肉とフカヒレ上湯煮 Kani niku to fukahire shangtang ni (Crab meat and shark fin in soup) ¥ 2900 🍤
114. 北京ダック Pekin duck (Peking duck) ¥ 1900 🐔
115. 北京ダック一羽セット Pekin duck ichiwa set (Peking duck set of whole duck) ¥ 8000 🐔
116. アワビのカキ油煮 Awabi no kakiabura ni (Stew of abalone with oyster sauce) ¥ 2900 🍤
117. フカヒレの姿煮 Fukahire no sugata ni (Shark fin cooked in a way that preserves its original shape) ¥ 3000 🍤
118. カニ爪の香り揚げ Kani tsume no kaori age (Fragrant deep-fried crab leg) ¥ 1000 🍤
119. アワビとアスパラのクリーム煮 Awabi to aspara no cream ni (Cream stew of abalone and asparagus) ¥ 2900 🍤

海鮮料理・海の幸 Seafood

120. ホタテと季節野菜炒め Hotate to kisetsu yasai itame (Fried scallop and seasonal vegetables) ¥ 1280 🍤 🌿
121. ホタテのチリソース煮 Hotate no chili sauce ni (Cooked scallop with chili sauce) ¥ 1380 🍤 🌶️
122. イカゲソの辛味噌炒め Ikageso no karami itame (Spicy fried squid tentacles) ¥ 950 🐙
123. すり身エビの揚げ団子 Surimi ebi no age dango (Deep-fried shrimp dumpling) ¥ 1680 🍤
124. ハッポウサイ Happosai (Chop suey) ¥ 950 🍲
125. 大エビのチリソース煮 Oebi no chili sauce ni (Chili sauce stew of big prawn) ¥ 1380 🍤 🌶️
126. エビのチリソース煮 Ebi no chili sauce ni (Chili sauce stew of prawn) ¥ 980 🍤 🌶️