



やきとん Pork skewers ¥140

- 17. バラ肉 Bara niku (Pork ribs)
- 18. 特製スタミナ串 Tokusei stamina kushi (Special stamina spit)
- 19. とんとろ Tontoro (Fatty pork)

やきとり Chicken skewers ¥120

- 20. もも Momo (Thigh)
- 21. ねぎま Negima (Green onion and chicken meat)
- 22. ぼんじり Bonjiri (Tale)
- 23. かわ Kawa (Skin)
- 24. すなぎも Sunagimo (Gizzard)

やきとり Chicken skewers ¥140

- 25. せせり Seseri (Neck)
- 26. ささみ Sasami (White meat)

自家製 Homemade

- 27. 自家製つくね Jikasei tsukune (Homemade chicken ball) ¥ 200
- 28. 自家製つくね黄身付 +50円 (Homemade chicken ball with egg yolk) +¥50

盛合せ各種 Assorted each

- 29. やきとん 10本 Yakoton Juppon (Grilled pork 10 pieces) ¥ 980
- 30. やきとん 6本 Yakiton Roppon (Grilled pork 6 pieces) ¥ 580
- 31. やきとり 4本 Yakitori Yonhon (Grilled chicken 4pieces) ¥ 480
- 32. やさい 4本 Yasai Yonhon (Vegetables 4pieces) ¥ 580

やさい Vegetable ¥150

- 33. えりんぎ Eringi (King trumpet mushroom)
- 34. 長ネギ Naga negi (Long onion)
- 35. しいたけ Shitake (Japanese mushroom)
- 36. ぴーまん Piman (Bell pepper)
- 37. ズッキーニ Zucchini (Zucchini)
- 38. かぶ Kabu (White turnip)
- 39. ししとう Shishito (Green pepper)
- 40. おくら (Okra)
- 41. アボカド (Avocado)
- 42. アスパラ Aspara (Asparagus)

その他串 Others

- 43. しろころホルモン Shirokoro horumon (Large intestine) ¥ 200
- 44. さつまあげ Satsumaage (Deep - fried minced fish and vegetables) ¥ 200
- 45. 上和牛串 Jo wagyu kushi (Premium Japanese beef) ¥ 250
- 46. 手羽先 Tebasaki (Chicken wing) ¥ 250
- 47. スパムポーク Spam pork (Canned pork ham) ¥ 250
- 48. 焼きカマンベールチーズ Yaki camambert cheese (Grilled Camembert cheese) ¥ 250
- 49. 厚揚げ Atsuage (Deep-fried tofu) ¥ 200
- 50. ジャガバター Jaga butter (Potato and butter) ¥ 200
- 51. 牛ホルモン Gyu horumon (Beef giblets) ¥ 250

やきとん Pork skewers ¥100

- 1. おっぱい Oppai (Brisket)
- 2. あぶら Abura (Lard)
- 3. こぶくろ Kobukuro (Womb)
- 4. てっぼう Teppo (Rectum)
- 5. しろ Shiro (Large intestine)
- 6. かしらあぶら Kashira abura (Head)
- 7. ちれ Chire (Spleen)
- 8. なんこつ Nankotsu (Gristle)
- 9. はつ Hatsu (Heart)
- 10. たん Tanshita (Tongue)
- 11. たんした Tanshita (Tongue)
- 12. はらみ Harami (Skirt steak)
- 13. れば (Liver)
- 14. かしら Kashira (Head)
- 15. かつ Gatsu (Stomach)
- 16. まめ Mame (Kidney)

<Notice>

Some of restaurants accept CASH ONLY
The price including or excluding TAX is depending on the restaurant
Some of restaurants require COVER CHARGE
Some of restaurants require to order at least ONE DRINK

<Ingredients/Taste>

- Chicken
- Pork
- Seafood
- Vegetables
- Flour
- Beef
- Fish
- Egg
- Dairy Products
- Spicy

協力: なみじゃない、杉並!
中央線あるある PROJECT

EXPERIENCE
SUGINAMI TOKYO

52. 上みの串 Jo mino kushi
(Spit-roasted premium plain tripe) ¥ 250 🍖
53. 厚切りベーコン Atsugiri bacn
(Thicky sliced bacon) ¥ 250 🍖

味自慢 Specialty

54. 特製煮込み Tokusei nikomi (Special stew) ¥ 430
55. 煮豆腐 Ni tofu (Tofu stew) ¥ 200

肉刺し Raw or boiled

56. 和牛レアステーキ Wagyu rare steak
(Japanese beef rare steak) ¥ 580 🍖
57. 牛芯ロースのカルパッチョ
Gyushin rosu no carpaccio
(Carpaccio of sirloin) ¥ 480 🍖
58. コブクロ刺し Kobukuro sashi
(Boiled womb) ¥ 300 🍖
59. ガツ刺し Gatsu sashi (Boiled giblets) ¥ 350 🍖
60. ハツユッケ Hatsu yukke (Heart) ¥ 380 🍖
61. 肉刺し 2点盛り Nikusashi 2ten mori
(Sliced raw meat 2types) ¥ 480 🍖

揚げ物 Fried food

62. 鶏もも唐揚げ Tori momo karaage
(Fried thigh) ¥ 380 🍗
63. メンチカツ Menchi katsu
(Fried cake of minced meat) ¥ 300 🍖
64. カキフライ Kaki furai (Fried oyster) ¥ 280 🍖
65. ハムチーズカツ Ham cheese katsu
(Cutlet of ham and cheese) ¥ 380 🍖 🍷
66. なんこつ唐揚げ Nankotsu karaage
(Fried chicken gristle) ¥ 300 🍗
67. レバカツ Liver katsu (Cutlet of liver) ¥ 280 🍖

サラダ Salad 🍴

68. 彩り野菜のバーニャカウダ
Irodori yasai no bagna cauda (Colorful vegetables and
dip made from garlic) ¥ 480

69. トマトのシーザーサラダ Tomato no caesar salad
(Caesar salad of tomato) ¥ 400
70. ルッコラ生ハムサラダ Rucola nama ham salad
(Salad of rucola and uncured ham) ¥ 380
71. 生マッシュルームサラダ Nama mushroom salad
(Fresh mushroom salad) ¥ 380
72. ポテトサラダ (Potato salad) ¥ 300
73. マカロニサラダ (Macaroni salad) ¥ 300
74. マカロニサラダとポテトサラダのあいもり
(Macaroni salad and potato salad) ¥ 300

あつあつ Hot dish

75. 彩り野菜のバルサミコグリル
Irodori yasai no balsamicogrill
(Grilled colorful vegetables with balsamico vinegar) ¥ 480 🍴
76. ベーコンとじゃがいものチーズ焼き
Bacon to jyagaimo no cheese yaki
(Grilled bacon and potato with cheese) ¥ 400 🍖 🍴
77. ブロccoliとささみのアーリオオーリオ
broccoli to sasami no agillo olio
(Agillo olio of broccoli and white meat) ¥ 380 🍴
78. 鶏レバーのパテ バゲット添え
Tori liver no pate baguette zoe
(Pate of chicken liver with baguette) ¥ 430 🍗 🍷

ぐつぐつ Boiling

79. ニンニクのぐつぐつオイル煮
Ninniku no gutsugutsu oil ni
(Garlic boiled in oil) ¥ 300
80. マッシュとトマトのぐつぐつオイル煮
Mush to tomato no gutsugutsu oil ni
(Mushroom and tomato boiled in oil) ¥ 350 🍴
81. いろいろ野菜のぐつぐつオイル煮
Iroiro yasai no gutsugutsu oil ni
(Various vegetables boiled in oil) ¥ 380 🍴
82. バゲット添え (with baguette) ¥ 250 🍷

いっぴぐ Side dish

83. キャベみそ Kyabe miso
(Cabbage and miso) ¥ 100 🍴
84. 山芋醤油漬 Yamaimo shoyu tsuke
(Pickled chinese yam on soy sauce) ¥ 150 🍴
85. おくら漬 Okra tsuke (Seasoned okura) ¥ 200 🍴
86. 冷奴 Hiyayakko (Cold tofu) ¥ 200
87. 豆もやし Mame moyashi (Bean sprouts) ¥ 250 🍴
88. エシャレット Esharetto (Shallot) ¥ 250 🍴
89. ガツ酢 Gatsusu (Giblets with ponzu vinegar) ¥ 250
90. お新香盛合せ Oshinko moriawase
(Assorted pickled vegetables) ¥ 300 🍴
91. ポテトフライ Potato fry (Fried potato) ¥ 300 🍴
92. しらす or なめたけおろし
Shirasu or nametakeoroshi (Young sardine or grated
white radish and enoki mushroom) ¥ 200 🍴 🍴
93. クリームチーズクラッカー Cream cheese cracker
(Cracker and cream cheese) ¥ 250 🍷
94. もずく or めかぶ Mozuku or mekabu
(Seaweed of the family Spermatochnaceae or thick
wakame leaves) ¥ 100
95. 生カブみそ Nama kabu miso
(Fresh turnip with miso) ¥ 200 🍴
96. みそ or 梅きゅう Miso or ume kyu
(Miso or pickled ume and cucumber) ¥ 200
97. アボカド刺し Avocado sashi (Sliced avocado) ¥ 200 🍴
98. ミックスナッツ (Mix nuts) ¥ 250
99. 冷やしトマト Hiyashi tomato (Cold tomato) ¥ 250 🍴
100. プレーンバゲット (Pain baguette) ¥ 250 🍷
101. 鶏かわポン酢 Torikawa ponzu
(Chicken skin with ponzu vinegar) ¥ 300 🍗

ご飯 Rice 🍷

102. おにぎり (梅、サケ、コンブ) Onigiri
(Rice ball (pickled ume, salmon, kelp)) ¥ 200
103. 焼おにぎり (醤油・味噌) Yaki onigiri
(toasted rice roll (soy sauce・miso)) ¥ 250
104. お茶漬 (梅、サケ、コンブ) Ochazuke
(Rice bowl of special stew of giblets) ¥ 380
105. 特製もつ煮丼 Tokusei motsuni don
(Rice bowl of special) ¥ 400
106. スタミナ丼 Stamina don
(Rice bowl of fried pork) ¥ 480