

# Steak&Cultlet Hiro ステーキ&とんかつ 宍

TEL 03-3330-1716

B1, 2-21-1, Koenji-minami, Suginami-ku

Open: 11:30am-2:30pm, 5:00pm-10:00pm

Close Wednesdays

## フードメニュー (Food Menu)

### ランチメニュー Lunch Menu

1. サービス牛肉角切ステーキ定食 (大)  
Service Gyuniku Kakugiri Steak Teishoku (Dai)  
(Set Meal of Beef (cut into cubes) Steak (Large))  
..... ¥ 1500 
2. (中) (Chu) ((Middle)) ..... ¥ 1000 
3. とんかつヒレ定食 ヒレ上  
Tonkatsu Fillet Teishoku Fillet Jo  
(Set Meal of Pork Cultlet Premium Fillet) ¥ 1480 
4. ヒレー口かつ Fillet Hitokuchi Katsu  
(Small Pork Fillet) ..... ¥ 980 
5. とんかつロース定食 ロース上  
Tonkatsu Rosu Teishoku Rosu Jo  
(Set Meal of Pork Cultlet Premium Pork Loin) ¥ 1390 
6. ロース Rosu (Pork Loin) ..... ¥ 890 
7. 和牛ハンバーグ定食 Wagyu Hamburg Teishoku  
(Set Meal of Hamburg of Japanese Beef) ¥ 1050 

8. 帆立貝の鉄板焼定食  
Hotategai No Teppanyaki Teishoku  
(Set Meal of Japanese Scallop Roasted on a Hot Plate) ..... ¥ 950 
9. イカの生姜鉄板焼定食  
Ika No Shogayaki Teppan Teishoku  
(Set Meal of Squid with Ginger Roasted on a Hot Plate) ..... ¥ 950 
10. 厚切牛ヒレステーキ定食 150g  
Atsugiri Gyufillet Steak Teishoku 150g  
(Set Meal of Thick Slice of Beef Fillet 150g) ¥ 3100 
11. 100g ..... ¥ 2600 
12. 上牛肉ロースステーキ定食 150g  
Jougyuniku Rosu Steak Teishoku 150g  
(Set Meal of Sirloin Steak of Prime Beef 150g) ¥ 3100 
13. 100g ..... ¥ 2600

### お食事セット Set Meal (With Rice, Miso Soup, Vegetables)

定食のご注文に限りご飯は2杯までおかわりできます。  
(If you order a set meal, you can have another rice to two bowl.)











14. 厚切牛ヒレステーキ定食 150g  
Atsugiri Gyufillet Steak Teishoku 150g  
(Set Meal of Thick Slice of Beef Fillet 150g) ¥ 3100 
15. 100g ..... ¥ 2600 
16. 上牛肉ロースステーキ定食 150g  
Jougyuniku Rosu Steak Teishoku 150g  
(Set Meal of Sirloin Steak of Prime Beef 150g) ¥ 3100 
18. 100g ..... ¥ 2600 
19. 和牛ハンバーグステーキ定食  
Wagyu Hamburg Steak Teishoku  
(Set Meal of Hamburg Steak of Japanese Beef) ¥ 1100 

20. サービス牛肉角切ステーキ定食 (大)  
Service Gyuniku Kakugiri Steak Teishoku (Dai)  
(Set Meal of Beef (cut into cubes) Steak (Large))  
..... ¥ 1600 
21. (中) (Chu) ((Middle)) ..... ¥ 1050 
22. とんかつヒレ定食ヒレ上  
Tonkatsu Fillet Teishoku Fillet Jo  
(Set Meal of Pork Cultlet Premium Fillet) ¥ 1600 
23. ヒレー口かつ Fillet Hitokuchi Katsu  
(Small Pork Fillet) ..... ¥ 1050 
24. とんかつロース定食ロース上  
Tonkatsu Rosu Teishoku Rosu Jo  
(Set Meal of Pork Cultlet Premium Pork Loin) ¥ 1500 
25. ロース Rosu (Pork Loin) ..... ¥ 950 
26. イカの生姜鉄板焼定食  
Ika No Shogayaki Teppan Teishoku  
(Set Meal of Squid with Ginger Roasted on a Hot Plate) ..... ¥ 1030 
27. 帆立の鉄板焼定食  
Hotategai No Teppanyaki Teishoku  
(Set Meal of Japanese Scallop Roasted on a Hot Plate) ..... ¥ 1030 


#### <Notice>

Some of restaurants accept CASH ONLY  
The price including or excluding TAX is depending on the restaurant  
Some of restaurants require COVER CHARGE  
Some of restaurants require to order at least ONE DRINK

#### <Ingredients/Taste>

 Chicken  Pork  Seafood  Vegetables  Flour  
 Beef  Fish  Egg  Dairy Products  Spicy

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## 単品料理 Single Item Serving

28. 厚切牛ヒレステーキ 150g  
Atsugiri Gyu Fillet Steak 150g  
(Thick Slice of Beef Fillet 150g) ..... ¥ 2900 🍖
29. 100g ..... ¥ 2350 🍖
30. 上牛肉ロースステーキ 150g  
Jougyuniku Rosu Steak 150g  
(Sirloin Steak of Prime Beef 150g) ..... ¥ 2900 🍖
31. 100g ..... ¥ 2350 🍖
32. 和牛ハンバーグステーキ  
Wagyu Hamburg Steak  
(Hamburg Steak of Japanese Beef) ..... ¥ 900 🍖
33. とんかつヒレ Tonkatsu Fillet  
(Pork Cutlet Fillet) ..... ¥ 1300 🍖
34. とんかつロース Tonkatsu Rosu  
(Pork Cutlet Pork Loin) ..... ¥ 1200 🍖
35. イカの生姜鉄板焼 Ika No Shoga Teppanyaki  
(Squid with Ginger Roasted on a Hot Plate) ¥ 600 🍤
36. 帆立の鉄板焼 Hotate No Teppanyaki  
(Japanese Scallop Roasted on a Hot Plate) ¥ 640 🍤
37. 小海老の鉄板焼 Koebi No Teppanyaki  
(Shrimp Roasted on a Hot Plate) ..... ¥ 750 🍤
38. チョリソソーセージ Chorizo Sausage  
(Chorizo Sausage) ..... ¥ 600 🍖
39. ライス (Rice) ..... ¥ 150 🍚

## おつまみ Side Dish

40. 蛍いか沖漬 Hotaruika Okizuke  
(Firefly Squid pickled in a mixture of vinegar, sake  
and salt) ..... ¥ 410 🍤
41. 冷やっこ Hiyayakko (Tofu) ..... ¥ 150 🍲
42. 茄子の煮びたし Nasu No Nibitashi  
(Cold Boiled Eggplant) ..... ¥ 400 🍆
43. オニオンのスライス (Onion Slice) ..... ¥ 400 🍅

44. 鶏皮のパリパリ揚 (Fried Chicken Skin) ¥ 600 🍗
45. お通しわかめ小鉢 Otoshi Wakame Kobachi  
(Wakame(a kind of seaweed) in small dish ) ¥ 400 🍲

## 旬サラダ Seasonal Salad

46. 大根サラダたらこソース  
Daikon Salad Tarako Sauce (Salad of Japanese  
Radish with Sauce of Cod Roe) ..... ¥ 620 🍲
47. キャベツのスライス Cabbage No Slice  
(Sliced Cabbage) ..... ¥ 400 🥬

## ドリンクメニュー (Food Menu)

### お酒 Alcohol

48. 生ビール (中ジョッキ) Nama Beer (Chu-Jocki)  
(Draft Beer (Middle Mug)) ..... ¥ 620
49. グラス (Beer Glass) ..... ¥ 480
50. ウーロンハイ Oolong High  
(Oolong High ball) ..... ¥ 480
51. レモンハイ Lemon High  
(Lemon Highball) ..... ¥ 480
52. ウィスキー (Whisky) ..... ¥ 480
53. 日本酒 Nihonshu (Sake) ..... ¥ 480

### Wine (1/2Bottle)

54. ピアドール (Piat Dor) ..... ¥ 1300
55. ピアドール (Piat Dor (Glass) Red・White) ¥ 480

## ソフトドリンク Soft Drink

56. ウーロン茶 (Oolong Tea) ..... ¥ 300
57. オレンジジュース (Orange Juice) ..... ¥ 300
58. コーラ (Coke) ..... ¥ 300
59. アイスコーヒー (Iced Coffee) ..... ¥ 350

## 甘味 Dessert

60. バニラアイス (Vanilla Ice Cream) ..... ¥ 410

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### <Ingredients/Taste>

🍗 Chicken 🍖 Pork 🍤 Seafood 🥬 Vegetables 🍞 Flour  
🍖 Beef 🐟 Fish 🥚 Egg 🥛 Dairy Products 🌶️ Spicy

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