

Yashiro-shokudo

ヤシロ食堂

TEL 03-3330-4632
3-17-3, Koenji-kita, Suginami-ku
Open 10:30am-10:00pm
Close Irregular

フードメニュー Food Menu

- 1. 子持ちカレイ Komochi karei
(Halibut with Eggs) ¥ 350 
- 2. サンマ開き焼 Sanmahiraki yaki
(Grilled Mackerel Pike) ¥ 300 
- 3. サバ味噌煮 Saba misoni
(Mackerel Cooked in Miso) ¥ 350 
- 4. アジ開き焼 Ajahiraki yaki
(Grilled Horse Mackerel) ¥ 300 
- 5. サバ塩焼 Saba shio yaki
(Salt Grilled Mackerel) ¥ 300 
- 6. イカみりん焼 Ika mirin yaki
(Mirin Grilled Squid) ¥ 350 
- 7. ししゃも焼 Shishamo yaki
(Grilled Smelt Fish) ¥ 200 
- 8. 鮭焼 Sake yaki (Grilled Salmon) ¥ 350 











- 9. しまホッケ焼 Shima hokke yaki
(Grilled Atka Mackerel) ¥ 450 
- 10. めざし焼 Mezashi yaki (Grilled Sardines) ¥ 250 
- 11. 赤魚粕漬焼 Akauo kasuzuke yaki
(Grilled Red Fish) ¥ 400 
- 12. ライス (大) (Rice Dai (Large)) ¥ 250 
- 13. ライス (中) (Rice Chu(Medium)) ¥ 200 
- 14. ライス (小) (Rice Sho(Small)) ¥ 150 
- 15. みそ汁 Miso shiru (Miso Soup) ¥ 80
- 16. ポテトサラダ Potato salad (Potato Salad) ¥ 150 
- 17. マカロニサラダ (Macaroni Salad) ¥ 150 
- 18. 春雨サラダ Harusame salad
(Vermicelli Noodle Salad) ¥ 150 
- 19. キャベツサラダ (Cabbage Salad) ¥ 150 
- 20. ハムエッグ (Ham & Egg) ¥ 300 
- 21. ねぎ入り厚焼玉子 Negi iri atsuyaki tamago
(Thick Cooked Egg with Chives) ¥ 250 
- 22. 納豆 Natto (Fermented Soy Beans) ¥ 100
- 23. 冷ヤッコ Hiyayakko (Cold Tofu) ¥ 150
- 24. とろろいも Tororo imo (Grated Yams) ¥ 250 
- 25. 月見とろろ Tsukimi tororo
(Grated Yams with Raw Egg) ¥ 300 
- 26. 自家製ぬか漬 Jikasei nukazuke
(Home Made Pickles) ¥ 100 
- 27. 白菜漬 Hakusai zuke
(Pickled Chinese Cabbage) ¥ 100 
- 28. たくあん漬 Takuan zuke
(Yellow Pickled Radish) ¥ 70 
- 29. 野沢菜漬 Nozawana zuke
(Pickled Nozawa Vegetables) ¥ 100 
- 30. ほうれん草おひたし Horenso Ohitashi
(Boiled Spinach) ¥ 150 

- 31. しらたき豆腐煮 Shirataki tohu ni
(Yam Noodles and Tofu) ¥ 150
- 32. 野菜炒め Yasai itame (Stir Fried Vegetables) ¥ 150 
- 33. 里いも煮 Satoimo ni (Simmered Taro Potato) ¥ 150 
- 34. ヒジキ煮 Hijiki ni
(Simmered Dark Seaweed) ¥ 150 
- 35. マーボ豆腐 Ma-bo-doufu
(Chinese Spicy Tofu and Meat) ¥ 150
- 36. ブリ大根煮 Buri daikon ni
(Simmered Amberjack and Daikon Radish) ¥ 180 
- 37. 煮魚子持カレイ Nizakana Komochi karei
(Simmered Halibut with Eggs) ¥ 350 
- 38. チキン南蛮定食 Chikin namban teishoku
(Fried Chicken Set Meal) ¥ 680 
- 39. サバ味噌煮定食 (冷奴付)
Saba misoni teishoku
(Miso Mackerel Set Meal with Tofu) ¥ 730 
- 40. 日替わり定食 higawari teishoku
(Today' s Set Meal) ¥ask
- 41. 日替わりメニュー higawari Menu
(Today' s Menu) ¥ask


<Notice>

Some of restaurants accept CASH ONLY
The price including or excluding TAX is depending on the restaurant
Some of restaurants require COVER CHARGE
Some of restaurants require to order at least ONE DRINK

<Ingredients/Taste>

-  Chicken
-  Pork
-  Seafood
-  Vegetables
-  Flour
-  Beef
-  Fish
-  Egg
-  Dairy Products
-  Spicy

協力: なみじゃない、杉並!
中央線あるある PROJECT

 EXPERIENCE
SUGINAMI TOKYO